

Electronic Press Kit



COUSIN COLBY
INSPIRES

Cousin Colby

The Top Student Speaker/Author

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Social Media 



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COUSIN COLBY INSPIRES

In the intricate tapestry of life, Cousin Colby stands as a beacon of resilience and transformation. His journey, woven through the gritty streets of a drug-infested neighborhood, reflects a metamorphosis from adversity to empowerment. One school, in particular, etched itself into his memory, nestled amidst chaos, a place where students and staff danced gracefully in what seemed like everyday organized chaos.

Growing up with a name that fueled the flames of bullying, Cousin Colby faced ridicule and laughter. However, as he navigated the tumultuous waters of adolescence, he discovered a superpower within, realizing he was born not to fit but to redefine. Cousin Colby's story became a compelling odyssey towards self-discovery, inspiring others to embark on their unique journeys.

Not all superheroes wear capes, and Cousin Colby's superpower was his ability to hustle. Hours spent chasing dreams, fueled by the void within, eventually led him to an epiphany: true fulfillment lay not in material hustles but in embracing one's hidden superpower.

"Your Hidden Super Power" is Cousin Colby's debut book, an authentic narrative intertwining vulnerability, wisdom, and truth. As the pages unfold, readers are encouraged to embark on their own journey, delving within to discover their purpose and awaken the superhero within.

Cousin Colby, now a renowned leadership expert and business strategist, brings his passion for motivation and authenticity to the forefront. His belief that leadership is for everyone, every day, stems from personal experiences as an at-risk youth. With five years of executive coaching, speaking, and business acumen, Cousin Colby is on a mission to empower others.

His captivating keynotes draw from raw experiences, transcending resilience, purpose discovery, and leadership in daily life. Cousin Colby's executive coaching serves as a transformative bridge, guiding individuals toward their leadership potential. A workshop inspired by "Your Hidden Super Power" unravels the intricacies of self-discovery, purpose exploration, and leadership development.

COUSIN COLBY INSPIRES

Beyond the captivating narrative, Cousin Colby offers specialized services. Dive into trauma-informed education, understanding and implementing practices to create a safe haven in classrooms. Explore mindfulness and self-regulation sessions, fostering emotional well-being through practical techniques. Unveil strategies to build resilience in students, cultivating a mindset for long-term well-being.

Cousin Colby's commitment to holistic development extends to Social-Emotional Learning (SEL), addressing Adverse Childhood Experiences, and imparting conflict resolution skills. These facets enrich his story, creating a multifaceted tapestry that captivates, inspires, and propels individuals toward self-discovery and empowerment. Cousin Colby, a beacon of resilience, guides others to find their hidden superpower and redefine their narrative.



The Companies I've Worked With

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Services

- **Captivating Keynote Speaking:**

Embark on a transformative journey with Cousin Colby's captivating keynotes. Drawing from raw experiences, he transcends resilience, purpose discovery, and leadership in daily life, inspiring audiences to uncover their hidden superpower.



- **Captivating Keynote Speaking:**

Unlock your leadership potential with Cousin Colby's expertise as an executive coach. Rooted in authenticity, his coaching style is informed by five years of executive coaching, speaking, and business experience.

- **Workshop - "Your Hidden Super Power":**

Immerse yourself in a workshop inspired by Cousin Colby's debut book. Unravel the intricacies of self-discovery, purpose exploration, and leadership development, gaining practical tools to unlock your hidden superpower.

- **Trauma-Informed Education:**

Dive into specialized sessions with Cousin Colby, understanding and implementing trauma-informed practices in educational settings. Create a safe haven in classrooms, recognizing signs of trauma in students, and providing appropriate support.

- **Mindfulness and Self-Regulation Sessions:**

Explore mindfulness techniques for emotional regulation with Cousin Colby. Incorporate mindfulness practices into daily routines, fostering emotional well-being in both personal and academic spheres.

- **Building Resilience Strategies:**

Benefit from Cousin Colby's expertise in developing strategies to help students cultivate resilience in the face of challenges. Foster a resilient mindset that contributes to long-term well-being and success.

- **Social-Emotional Learning (SEL) Workshops:**

Engage in SEL workshops designed to enhance social and emotional skills among students. Cousin Colby provides practical insights and methods to integrate SEL practices into educational contexts for holistic student development.



- **Adverse Childhood Experiences (ACE) Support:**

Address ACEs with Cousin Colby, understanding the impact and implementing support strategies. Create a supportive environment for students dealing with adverse experiences, fostering resilience and well-being.

- **Conflict Resolution Skills:**

Learn conflict resolution skills with Cousin Colby's specialized sessions. Develop effective strategies for addressing conflicts, creating a harmonious and productive environment in both educational and professional settings.

Cousin Colby's multifaceted services enrich personal and professional growth, guiding individuals toward self-discovery, empowerment, and the realization of their hidden superpower

- **Self-Harm Reduction Services:**

Comprehensive services aimed at reducing self-harming behaviors. Cousin Colby provides support, education, and strategies to individuals dealing with self-harm, fostering a path towards healing and well-being.

Social Media Links



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